
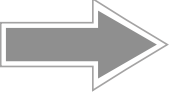
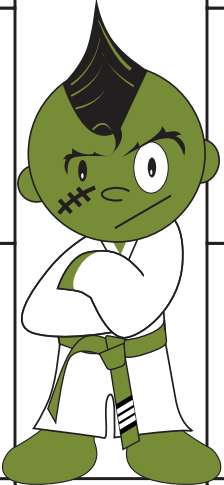
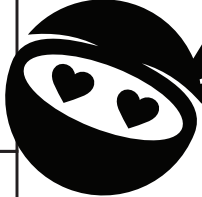


DIRECTIONS: Grab a Dice and game pieces from another game or you can use coins for your game pieces.
The Ninja who reaches the end first is the Ninja Champion!



	<p>Do the Crabwalk and move ahead 2 squares</p>	<p>JUMP AHEAD Jump High 10 times and move ahead one square.</p>	<p>Great Job Ninja!</p>	<p>Show your best Ninja Kick!</p>	<p>JUMPING CHALLENGE Jump on one foot 10 times without falling. Roll again if you did it.</p>	<p>JUMP AHEAD Do 10 Jumping Jacks and then jump your piece ahead 2 squares.</p>
	<p>Keep up the good work Ninja!</p>		<p>PUSH-UP Challenge If you can do 10 push ups move ahead a square!</p>	<p>SIT UP CHALLENGE Can you do 20 sit-ups in 30 seconds? Roll again if you can!</p>		<p>Ninja Break - Skip a turn!</p>
	<p>KNOCKOUT! Go back to Start. Remember to be a good sport!</p>		<p>Keep up the good work Ninja!</p>	<p>Ninja Break - Skip a turn!</p>		<p>You're Moving along! Keep it up!</p>
	<p>Lets see your best punch and kicking combination!</p>		<p>Do 10 Punches. Make sure you bring your hands back to protect your face.</p>	<p>Knock out a player: pick one person to go back 2 squares.</p>		<p>Show your best Ninja Moves!</p>
<p>START </p>	<p>Do 10 squats! If your butt is as low or lower than your knees, roll again!</p>		<p>NINJA DOWN! Move Back 2 Squares.</p>	<p>Help a fellow Ninja, pick a player to move ahead a square!</p>	<p>KNOCKOUT! Go back to where you were! Remember to be a good sport!</p>	<p>KNOCKOUT! Go back to where you were! Remember to be a good sport!</p>
						
						<p>FINISH YOU DID IT!!! Now go Subscribe to Club MMA Ninjas on YouTube</p>